🕽 SUSTAINING ALL LIFE 🌑 UNITED TO END RACISM 🌑 🛛 SEPTEMBER 2019 🌑



## WORKSHOP" YOUNG PEOPLE LEADING THE WAY TO A SUSTAINABLE WORLD

DATE: TIME: LOCATION:

## Wednesday, September 25, 2019 1:00PM - 3:00PM 4W43 Building, Aqua Room

4 West 43rd Street, New York, NY 10036 Interpretation available upon request. Venue is wheelchair accessible.

Young People are a revolutionary force and are at the forefront of strong progressive climate organizations. But the lack of respect for young people's thinking and leadership abilities can mean that the important abilities we have to offer are underutilized. How do we help adult allies to examine their "adultism" to back and support our leadership? In this workshop, we will:

- ★ Communicate our understandings of young people's oppression and internalized oppression,
- ★ Communicate our vision for young leadership in the climate movement and how allies can support us,
- ★ Share tools for addressing "adultism" that we can use in our relationships and movements,
- ★ Learn the approaches used by Sustaining All Life and United to End Racism to heal from the damage of oppression, increase our effectiveness in the climate justice movement, and prevent burnout.



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**THE** It is possible to limit the effects of human-caused climate change and restore the environment, but some very large changes in our economy and the lives we live are needed for this to happen.

**CUER** Sustaining All Life (SAL) and United to End Racism (UER) believe the environmental crisis cannot be resolved without ending racism, genocide toward Indigenous peoples, classism, sexism, and other oppressions.

We believe that the barriers to building a large and powerful movement sufficient to make the needed changes include (1) longstanding divisions (caused by oppression, and especially racism and classism) between nations and between groups of people, (2) widespread feelings of discouragement and powerlessness, (3) denial of or failure to engage with the escalating damage to the earth's climate, and (4) difficulties in effectively addressing the connections between the environmental crisis and the failures of our economic system.

The mental and emotional harm done to us by oppression and other hurtful experiences interferes with our ability to think clearly and sets groups of people against each other. In SAL and UER we have learned that it is possible to free ourselves from these hurts and address barriers to effective organizing. By taking turns listening to each other and encouraging emotional release, people can heal from the mental and emotional harm and become better able to think, speak out, and organize and lead others in building a sustainable world. SAL and UER are projects of and use the tools of Re-evaluation Counseling, which currently exists in 95 countries.



## For more information, see:

www.sustainingalllife.org or www.unitedtoendracism.org or write: Sustaining All Life/United to End Racism 719 Second Ave. North, Seattle, WA 98109, USA Email: ircc@rc.org Tel: +1-206-284-0311

