



We need to build sustainable, resilient movements to end the climate emergency. This requires us to act to end all forms of oppression—and this requires ongoing emotional healing. Healing work is social justice work. This is the work of Sustaining All Life and United to End Racism.



Sustaining All Life
www.SustainingAllLife.org



United to End Racism
www.UnitedToEndRacism.org



Tools for Personal Healing in the Climate Emergency

In Sustaining All Life (SAL) people exchange effective help with each other to free themselves from emotional harm resulting from oppression and other hurts.

By taking turns listening to each other and encouraging the release of painful emotions, people can heal old hurts and become better able to think, to speak out, and to organize and lead others in building a world in which human beings and all life are valued and the environment is restored and preserved.

We welcome you to join us for a one-hour Zoom introduction to our work on Thursday, April 27 at 5:30 pm or Wednesday, May 17 at 7:30 pm. Email sal@rc.org for the link.